

Self Reflection & Accountability

Accountability feels like an attack when you're not ready to acknowledge how your behaviour harms others.

Source: @tamaraenaye

@theequalityinstitute

Self-reflection or Muhasibbah is an important part of character building. There is no way we can succeed in this life and the hereafter if we do not identify or own shortcomings and strive to better ourselves for the happiness of Allah SWT. We have added self-reflection to our routine Inshallah.

Luqman's advice to his son are playing a very important role in our current lessons and talks. We completed yet another chapter of Hadith from Riyadh-us-Saliheen and we covered many Ahadith of the Prophet SAW that discussed the reliance in Allah SWT as well as importance of thanking Allah for all of our blessings. One of the hadith that really inspired the students was the story of the three men who were blind, deaf and had leprosy. They were tested by Allah and were given good health and abundance in wealth. Only one of them succeeded in the test and was thankful to Allah and was able to maintain his wealth and health while the other two lost everything because they denied the blessings of Allah. It gave us all an opportunity to ask ourselves if we really are thankful to Allah and how do we thank him.

"All actions are based on Intentions"-Hadith

In the different ayat that we have done , we have discussed many actions and deeds that we are required to do as Muslims. This week is our wrap up on those ayaat before we start the intense Seerah Course in November. We will be discussing the importance of a good intention, what does it mean to have an intention and Ahadith in Riyadh-us-Saliheen that particularly discuss the importance of intentions and actions. We will be reading each Hadith and translating it word for word and learning the meaning and explanation. Students are recommended to take notes.

**Save
the
Date**



Tariqah Info Night

Please join us for Tariqah Info Night:

When: November 5th 2019 from 6PM to 7PM

Where: ISB Office - Second Floor (Makkah Room)

Inshallah I will be sharing details about the current content we are covering as well as the upcoming content. This is a parent only event. Light refreshments will be served.

Career Speakers:

Alhamdulillah we have started out career talks at Tariqah. We had Dr.Najla Abdur-Rahman come to our session last week. The students learned about guidelines on how to get into the medical field as well as the responsibilities that come with having a medical career as a Muslim female. The following speakers have been scheduled for the next two weeks:

- Sister Namika Mahmoodi - Counselor
 - November 6th , 2019
- Sister Aysha Naeem - Entrepreneur and Baker (Little Cupcakery LLC.)
 - November 13th, 2019



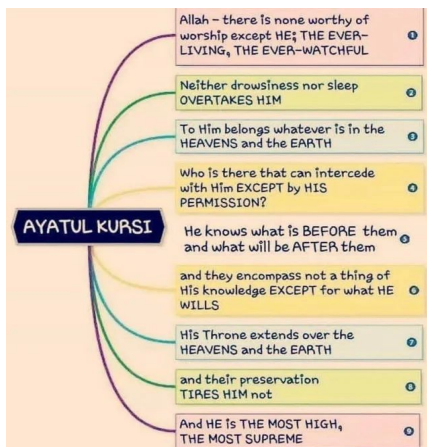
Blogging at Tariqah!



I am excited to announce that we are creating a Tariqah Blogging Platform. The students have received the guidelines, topics and due dates for the first entry. These blogs will be on a monthly basis and there is a specific criteria for how the content needs to be written. It is a great opportunity for our students to show their comprehension of Islamic topics. The blog will serve as a sadaqa jariya as well!! **The first entries are due November 3rd, 2019.** They will be added to the Tariqah page on the new ARS website

Inshallah.

Addition to The Tariqah Routine: Ayat-ul-Kursi



The Tariqah routine is extending. We have added self-reflection as well as Ayat-ul-kursi recitation to our daily routines. We discussed the Hadith about Ayat-ul-Kursi where Abu Huraira RA is told by the shaytan himself to recite Ayat-ul-Kursi if he wants protection from him. **Ayat-ul-Kursi is the only ayat in the Quran in which Allah SWT refers to himself 17 times.**

REMINDERS



- The Tariqah Program starts at 2:00 PM and ends at 3:30 PM , Monday through Thursday at the Jerusalem Room in the new ISB office.
- The Tariqah Program follows ARS schedule for weather related closings. We do have class on Professional Developments unless informed otherwise.
- We will be having a Tariqah Parent Night on November 5th, 2019.
- Our first set of blogs will be published in November 2019. I will be sending the link for access once we are online!